

Recommendation:

Words cannot truly convey our appreciation and thanks to the staff at Alta Vita Assisted Living. Mom, who is 91 years old, has been there almost a year. Being there has been and is a joy.

I am familiar with other assisted living situations that some of our various family members have been at in the past. I was able to visit and research about 15 assisted living residence possibilities for mom in Longmont and neighboring towns. I previously worked as an RN in a skilled nursing facility so I was quite aware of what I was looking for.

When I walked into the door of Alta Vita for the first time, I was greeted by a bright, open, cheery and well designed environment, with friendly, positive staff and administration. Residents were enjoying the beautiful and peaceful setting. As we toured around, you could tell every area was clean and neat and very well "thought out." There were so many places to enjoy and gather together, such as the outdoor areas and gardens (blooming from spring to late fall), a pretty waterfall feature, the lovely dining areas and community rooms, fitness area, hair salon, ice cream area, bistro, library, etc.

The apartments and studios are spacious and beautiful! We have made mom's living room look similar to her beloved home where she lived for the last 40 years and that encourages her a lot. The bathroom and huge walk-in closets are fabulous and so, so convenient. Mom has enjoyed very nice and yummy meals there and we appreciate that so much. Every department does their job very well.

The staff at Alta Vita are wonderful blessings. They are so patient and kind to mom and all of the residents, families and all who they interact with. You can tell they really enjoy what they do and they want the best for the ones they are helping. They are well-trained. They pitch in to help each other and I observe such a positive teamwork situation. If mom has needs or we need anything they are aware and on it quickly and tailor their care to meet mom's needs at the time and communicate to us. The medical staff has also been so helpful. The staff treat the residents with honor and dignity, are so personally involved and caring to each one.

The love all the staff show mom is so great for her and our family. Mom enjoys the staff and many of the residents and has gotten to know them. I know mom is in good hands, and feel like we, as a family, can go to sleep in peace at night knowing how well our dear mother is cared for. We trust the staff there and mom trusts them.

Mom has so many great daily and special activities to be involved in. We have seen mom encouraged to be involved and enjoy things she would have never done before. The activities staff gives her such positive opportunities to succeed and positive

encouragement in these things, so that then she tries more. This has opened a whole world up to her to continue to learn and try new things and have fun doing it!!

We couldn't be more happy and thankful for Alta Vita Assisted Living.